

## SAFE WORK PRACTICE

<b>TITLE</b>	Fall Protection
<b>GENERAL</b>	Protect workers from injuries associated by not utilising proper fall arrest protection
<b>APPLICATION</b>	Fall Arrest Protection shall be utilized where there is or may be a danger to workers falling. NO person shall use fall protection devices until they have received adequate training.
<b>PROTECTIVE MECHANISMS</b>	Permit system ERP ( Emergency response plan ) Fall protection plan PPE Manufacturers specifications Safe work procedure Barricades and warning signs
<b>SELECTION AND USE</b>	Manufacturers specification As per safe work procedure
<b>SUPERVISOR RESPONSIBILITY</b>	To facilitate and/or provide proper instruction to their workers on protection requirements and training Hazard analysis Work site inspection Determine type of equipment required
<b>WORKER RESPONSIBILITY</b>	<ol style="list-style-type: none"> <li>1. Be fully conversant with Fall protection systems.</li> <li>2. Ensure you know capabilities of Fall Protection Equipment.</li> <li>3. Ensure barricades, ribbons and signs identify restricted areas.</li> <li>4. Ensure you understand the procedures for rescue of workers who may be unable to rescue themselves from an elevated work area.</li> <li>5. Ensure you know your anchor points.</li> <li>6. Ensure you do not wrap the lanyards and/or rope around beams, girders, pipes, etc.</li> <li>7. Utilise buddy system and continually check each other's harness and D ring to ensure that the harness is not too loose and or the D ring has not slipped down the back.</li> </ol>

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